

# Helpful Tools

## for Those Caring for Someone with Dementia

Learn how using Montessori-Based Methods can help improve care and quality of life for those with Dementia

**Wednesday, May 5, 2021** 1:00 - 2:00 pm  
at Chelsea Senior Center, 512 Washington Street

### WHAT YOU'LL LEARN:

Whether the dementia patient you are caring for has intellectual and developmental disabilities or not, these helpful techniques will give you the tools to help improve interactions with your loved one.



St. Louis Center has worked with Dr. Cameron Camp and the Center for Applied Research in Dementia to develop Montessori Inspired Lifestyles®. This method harnesses the Montessori concepts typically used with preschool children of hands-on interaction, self-guided discovery and fostering independence. Applying these concepts to interactions with those experiencing memory loss helps provide them with greater autonomy, self-direction and satisfaction, helping improve their quality of life, reduce frustration and improve cooperation.

In this one-hour seminar, you'll learn specific and easy to implement techniques that can be used with anyone with dementia.

### WHO CAN ATTEND:

This free session is open to anyone in the community who is caring for or is impacted by an individual with dementia.

**The presentation is being held onsite at Chelsea Senior Center. It is free, but registration is required. Please call 734.475.9242 to register.**



**Chelsea Senior Center**

### SPEAKER:

**DEANA FISHER, LMSW** became the COO of St. Louis Center in March 2017 following a career of working in Wayne County and the City of Detroit. She previously served as Director of the Children's Center in Detroit where she supervised foster care, licensing and the Young Adult Program.



She also gained valuable experience at the Lula Belle Stewart Center, the Children's Aid Society, Families First, the Northeast Guidance Center, and the Wayne Center in Detroit. She has a B.A. in Social Work from Alma College and an MSW from Wayne State University. She is trained as an instructor for the National Task Group on Intellectual Disabilities and Dementia Practices. She is also a CARF peer surveyor.

**Wednesday, May 5, 2021 | 1:00 - 2:00 PM**

Questions? contact Chelsea Senior Center  
at 734.475.9242.



**Funded by the Michigan Health Endowment Fund**

To learn more about Chelsea Senior Center, visit [www.chelseaseniors.org](http://www.chelseaseniors.org)



To learn more about St. Louis Center, visit [www.stlouiscenter.org](http://www.stlouiscenter.org)